### 16. Western Cape Province

**Cape Town Metropolitan Municipality (CPT)**

The City of Cape Town Metropolitan Municipality\(^a\) is situated on the southern peninsula of the Western Cape Province. The City of Cape Town Metropolitan Municipality incorporates eight health sub-districts, namely, Cape Town Eastern, Cape Town Northern, Cape Town Southern, Cape Town Western, Khayelitsha, Klipfontein, Mitchell’s Plain and Tygerberg.

**Population (2018)\(^b\):** 4,140,565

**Population density (2018):** 1,692.8 persons per km\(^2\)

**Estimated medical scheme coverage (2018):** 22.2%

#### Burden of disease profile

For the percentage of deaths by broad cause, deaths are classified into four groups, namely: (i) injuries; (ii) non-communicable diseases; (iii) HIV and TB; and (iv) communicable diseases together with maternal, perinatal and nutritional conditions. Data are given by gender and age group for the period 2013 - 2015.

**Percentage of deaths by broad cause, 2013 - 2015**

<table>
<thead>
<tr>
<th>District</th>
<th>Age Group</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cape Town: CPT</td>
<td>&lt;1 year</td>
<td>69%</td>
<td>72%</td>
</tr>
<tr>
<td></td>
<td>1-4</td>
<td>34%</td>
<td>8%</td>
</tr>
<tr>
<td></td>
<td>5-14</td>
<td>35%</td>
<td>13%</td>
</tr>
<tr>
<td></td>
<td>15-24</td>
<td>22%</td>
<td>4%</td>
</tr>
<tr>
<td></td>
<td>25-49</td>
<td>6%</td>
<td>6%</td>
</tr>
<tr>
<td></td>
<td>50+</td>
<td>8%</td>
<td>8%</td>
</tr>
</tbody>
</table>

**Source:** Stats SA.

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\(^b\) Mid-Year Population Estimates 2018, Stats SA.
Section B: Profile Western Cape Province

Annual trends, 2013/14 - 2018/19
West Coast District Municipality (DC1)

The West Coast District Municipality is a Category C municipality located in the Western Cape Province. It is comprised of five local municipalities: Swartland, Bergrivier, Matzikama, Cederberg, and Saldanha Bay.


Population density (2018): 14.8 persons per km²

Estimated medical scheme coverage (2018): 17.3%

Burden of disease profile

For the percentage of deaths by broad cause, deaths are classified into four groups, namely: (i) injuries; (ii) non-communicable diseases; (iii) HIV and TB; and (iv) communicable diseases together with maternal, perinatal and nutritional conditions. Data are given by gender and age group for the period 2013 - 2015.

Percentage of deaths by broad cause, 2013 - 2015

<table>
<thead>
<tr>
<th>District</th>
<th>Age Group</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>West Coast</td>
<td>&lt;1 year</td>
<td>77%</td>
<td>13%</td>
</tr>
<tr>
<td>DC1</td>
<td>1-4</td>
<td>26%</td>
<td>2%</td>
</tr>
<tr>
<td></td>
<td>5-14</td>
<td>32%</td>
<td>31%</td>
</tr>
<tr>
<td></td>
<td>15-24</td>
<td>22%</td>
<td>4%</td>
</tr>
<tr>
<td></td>
<td>25-49</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td></td>
<td>50+</td>
<td>5%</td>
<td>3%</td>
</tr>
</tbody>
</table>

Source: Stats SA.
Cape Winelands District Municipality (DC2)

The Cape Winelands District Municipality is a Category C municipality situated in the Western Cape Province. The district includes five local municipalities, namely: Drakenstein, Stellenbosch, Witzenberg, Breede Valley and Langeberg.

Population (2018): 916 384

Population density (2018): 42.7 persons per km²

Estimated medical scheme coverage (2018): 16.4%

Burden of disease profile

For the percentage of deaths by broad cause, deaths are classified into four groups, namely: (i) injuries; (ii) non-communicable diseases; (iii) HIV and TB; and (iv) communicable diseases together with maternal, perinatal and nutritional conditions. Data are given by gender and age group for the period 2013 - 2015.

Percentage of deaths by broad cause, 2013 - 2015

<table>
<thead>
<tr>
<th>District</th>
<th>Age Group</th>
<th>Female</th>
<th></th>
<th>Male</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cape Winelands: DC2</td>
<td>&lt;1 year</td>
<td>63%</td>
<td>10%</td>
<td>25%</td>
<td>2%</td>
</tr>
<tr>
<td></td>
<td>1-4</td>
<td>40%</td>
<td>11%</td>
<td>21%</td>
<td>23%</td>
</tr>
<tr>
<td></td>
<td>5-14</td>
<td>15%</td>
<td>22%</td>
<td>11%</td>
<td>11%</td>
</tr>
<tr>
<td></td>
<td>15-24</td>
<td>7%</td>
<td>43%</td>
<td>11%</td>
<td>15%</td>
</tr>
<tr>
<td></td>
<td>25-49</td>
<td>5%</td>
<td>46%</td>
<td>38%</td>
<td>33%</td>
</tr>
<tr>
<td></td>
<td>50+</td>
<td>6%</td>
<td>86%</td>
<td>8%</td>
<td>2%</td>
</tr>
</tbody>
</table>

Source: Stats SA.


f Mid-Year Population Estimates 2018, Stats SA.
Section B: Profile Western Cape Province

Annual trends, 2013/14 - 2018/19
Overberg District Municipality (DC3)

The Overberg District Municipality\(^g\) is a Category C municipality situated in the Western Cape Province. The following local municipalities form part of the Overberg district: Theewaterskloof, Swellendam, Overstrand and Cape Agulhas.

Population (2018)\(^h\): 293 504

Population density (2018): 24.0 persons per km\(^2\)

Estimated medical scheme coverage (2018): 16.4%

Burden of disease profile

For the percentage of deaths by broad cause, deaths are classified into four groups, namely: (i) injuries; (ii) non-communicable diseases; (iii) HIV and TB; and (iv) communicable diseases together with maternal, perinatal and nutritional conditions. Data are given by gender and age group for the period 2013 - 2015.

Percentage of deaths by broad cause, 2013 - 2015

<table>
<thead>
<tr>
<th>District</th>
<th>Age Group</th>
<th>Female</th>
<th></th>
<th></th>
<th></th>
<th>Male</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Overberg: DC3</td>
<td>&lt;1 year</td>
<td>72%</td>
<td>6%</td>
<td>15%</td>
<td>7%</td>
<td>79%</td>
<td>0%</td>
<td>12%</td>
<td>9%</td>
</tr>
<tr>
<td></td>
<td>1-4</td>
<td>24%</td>
<td>0%</td>
<td>10%</td>
<td>46%</td>
<td>4%</td>
<td>0%</td>
<td>12%</td>
<td>4%</td>
</tr>
<tr>
<td></td>
<td>5-14</td>
<td>12%</td>
<td>97%</td>
<td>17%</td>
<td>3%</td>
<td>4%</td>
<td>10%</td>
<td>10%</td>
<td>75%</td>
</tr>
<tr>
<td></td>
<td>15-24</td>
<td>6%</td>
<td>38%</td>
<td>40%</td>
<td>15%</td>
<td>5%</td>
<td>7%</td>
<td>35%</td>
<td>10%</td>
</tr>
<tr>
<td></td>
<td>25-49</td>
<td>5%</td>
<td>38%</td>
<td>40%</td>
<td>15%</td>
<td>5%</td>
<td>7%</td>
<td>35%</td>
<td>10%</td>
</tr>
</tbody>
</table>

Source: Stats SA.


\(^h\) Mid-Year Population Estimates 2018, Stats SA.
Annual trends, 2013/14 - 2018/19
Section B: Profile Western Cape Province

4_1_ Facility access inpatient
- Hospital beds per 10,000 target population (both sexes | public sector | DHIS)
- Inpatient crude death rate (both sexes | DHIS)
- OPD new client not referred rate (district hospitals) (both sexes | public sector | DHIS)

4_2_ Health worker density
- Professional nurses per 100,000 population (both sexes | public sector)
- Proportion of health facilities with essential medicines (both sexes | public sector | NDoH)

4_3_ Access PHC and medicines
- Percentage Ideal clinics (both sexes | IC status)
- Percentage of fixed PHC facilities with 90% of tracer medicines available (both sexes | IC)

4_4_ Environmental health
- Environmental health services compliance rate (both sexes | NDoH)

4_5_ Finance
- Expenditure per patient day equivalent (district hospitals) (both sexes | public sector | BAS | real 2018/19 prices)
- Provincial & LG District Health Services expenditure per capita (uninsured) (both sexes | public sector | BAS | real 2018/19 prices)
- Provincial & LG PHC expenditure per capita (uninsured) (both sexes | public sector | BAS | real 2018/19 prices)
- Provincial & LG PHC expenditure per PHC headcount (both sexes | public sector | BAS | real 2018/19 prices)
Garden Route District Municipality (DC4)

The Garden Route District Municipality1 (previously known as Eden District Municipality) is a Category C municipality situated in the Western Cape Province. The district comprises seven local municipalities: George, Mossel Bay, Knysna, Bitou, Oudtshoorn, Hessequa and Kannaland.


Population density (2018): 26.9 persons per km²

Estimated medical scheme coverage (2018): 16.5%

Burden of disease profile

For the percentage of deaths by broad cause, deaths are classified into four groups, namely: (i) injuries; (ii) non-communicable diseases; (iii) HIV and TB; and (iv) communicable diseases together with maternal, perinatal and nutritional conditions. Data are given by gender and age group for the period 2013 - 2015.

**Percentage of deaths by broad cause, 2013 - 2015**

<table>
<thead>
<tr>
<th>District</th>
<th>Age Group</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eden: DC4</td>
<td>&lt;1 year</td>
<td>78%</td>
<td>77%</td>
</tr>
<tr>
<td></td>
<td>1-4</td>
<td>40%</td>
<td>4%</td>
</tr>
<tr>
<td></td>
<td>5-14</td>
<td>28%</td>
<td>21%</td>
</tr>
<tr>
<td></td>
<td>15-24</td>
<td>8%</td>
<td>2%</td>
</tr>
<tr>
<td></td>
<td>25-49</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td></td>
<td>50+</td>
<td>6%</td>
<td>5%</td>
</tr>
</tbody>
</table>

Source: Stats SA.

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j Mid-Year Population Estimates 2018, Stats SA.
Section B: Profile Western Cape Province

### Section C: National and District Profiles

#### 3.2 Diabetes management
Diabetes treatment coverage [both sexes | 15+ years | NiDS modelled]

- FY 2014: 40%
- FY 2015: 35%
- FY 2016: 30%
- FY 2017: 25%
- FY 2018: 20%
- FY 2019: 15%

Percentage of adults overweight or obese [both sexes | 15+ years | age-standardised]

- FY 2014: 30%
- FY 2015: 25%
- FY 2016: 20%
- FY 2017: 15%
- FY 2018: 10%
- FY 2019: 5%

#### 3.3 Cancer detection
Cervical cancer screening coverage [female | 30+ years | DHIS]

- FY 2014: 80%
- FY 2015: 75%
- FY 2016: 70%
- FY 2017: 65%
- FY 2018: 60%
- FY 2019: 55%

#### 3.4 Tobacco control
Tobacco non-smoking prevalence [both sexes | 15+ years | NiDS]

- FY 2014: 80%
- FY 2015: 75%
- FY 2016: 70%
- FY 2017: 65%
- FY 2018: 60%
- FY 2019: 55%

#### 4.2 Health worker density
Professional nurses per 100 000 population [both sexes | public sector]

- FY 2014: 40
- FY 2015: 35
- FY 2016: 30
- FY 2017: 25
- FY 2018: 20
- FY 2019: 15

### Section D: Finance
Expenditure per patient day equivalent (district hospitals) [BAS | real 2018/19 prices]

- FY 2014: $70,000
- FY 2015: $65,000
- FY 2016: $60,000
- FY 2017: $55,000
- FY 2018: $50,000
- FY 2019: $45,000

Provincial & LG District Health Services expenditure per capita (uninsured) [BAS | real 2018/19 prices]

- FY 2014: $2,000
- FY 2015: $1,900
- FY 2016: $1,800
- FY 2017: $1,700
- FY 2018: $1,600
- FY 2019: $1,500

Provincial & LG PHC expenditure per capita (uninsured) [BAS | real 2018/19 prices]

- FY 2014: $1,000
- FY 2015: $900
- FY 2016: $800
- FY 2017: $700
- FY 2018: $600
- FY 2019: $500

Provincial & LG PHC expenditure per health unit [BAS | real 2018/19 prices]

- FY 2014: $450
- FY 2015: $400
- FY 2016: $350
- FY 2017: $300
- FY 2018: $250
- FY 2019: $200

Measure Names
- Prov av
- ZA av
- Ind Value
Central Karoo District Municipality (DC5)

The Central Karoo District Municipality is a Category C municipality located in the Western Cape Province. It is comprised of three local municipalities: Laingsburg, Prince Albert and Beaufort West.

Population (2018): 76,821

Population density (2018): 2.0 persons per km²

Estimated medical scheme coverage (2018): 12.5%

Burden of disease profile

For the percentage of deaths by broad cause, deaths are classified into four groups, namely: (i) injuries; (ii) non-communicable diseases; (iii) HIV and TB; and (iv) communicable diseases together with maternal, perinatal and nutritional conditions. Data are given by gender and age group for the period 2013 - 2015.

Percentage of deaths by broad cause, 2013 - 2015

Source: Stats SA.

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l Mid-Year Population Estimates 2018, Stats SA.