



LIST OF SERVICE ORGANISATIONS

ORGANISATION	CONTACT	WEBSITE	NOTES/E-MAIL
Adcock Ingram Depression & Anxiety Helpline	0800 70 80 90		
Aid for AIDS Helpline	011 671 2000	www.aidforaids.co.za	
Al-Anon Family Groups and Al-Ateen	Helpline – 086 125 2666 (24 hour Helpline) 021 595 4508 (Office number)	www.alanon.org.za	alanongso@iafrica.com
Alcoholic Anonymous South Africa (AA)	086 143 5722 (24 hour Helpline) 031 301 4959 (KZN office)	www.aasouthafrica.org.za	kzn@aasouthafrica.org.za
Ambulance	10177		
Ambulance (Netcare - Private)	082 911	www.netcare911.co.za	customer.service@netcare.co.za
Anti-Corruption and Fraud Hotline	080 070 1701	www.publicservicecorruptionhotline.org.za	integrity@publicservicecorruptionhotline.org.za
Cancer Association Helpline (CANSa)	080 022 6622 (Toll Free Line) (WhatsApp) 072 197 9305 (English & Afrikaans) (WhatsApp) 071 867 3530 (Xhosa, Zulu, Sotho, Setswana & SiSwati)	www.cansa.org.za	info@cansa.org.za
Career Information Helpline	086 999 0123 SMS or "please call me": 072 204 5056	http://ncap.careerhelp.org.za/	careerhelp@dhet.gov.za
Cellphone Emergency Number	112		
Central Chronic Medicine Dispensing and Distribution (CCMDD)	0800 21 23 50 (Toll Free Line) WhatsApp "Hi" to 087 240 7171 087 821 2777 (Helpdesk) Whatsapp 067 935 6774		
CHOC Childhood Cancer Helpline	086 111 3500	www.choc.org.za	bdu@choc.org.za
Cipla Mental Health Helpline	0800 456 789, SMS 31393 Whatsapp 076 882 2775		
Childline South Africa	116 (24 hour Helpline) 031 201 2059	www.childlinesa.org.za	admin@childlinesa.org.za

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Department of Education	080 020 2933 (office hours) Switchboard: 012 357 3000	www.education.gov.za	Callcentre@dbe.gov.za
Department of Health	0800 029 999 WhatsApp: 0600 123 456	health.gov.za	healthhotline@health.gov.za
Department of Home Affairs	080 060 1190	www.dha.gov.za	hacc@dha.gov.za
Department of Social Development	080 012 1314 (24 hour Helpline)		
Substance Abuse Helpline	SMS 32312		
Dr Reddy's Mental Health Helpline	0800 21 22 23		
Emergency Contraception Hotline	080 024 6432 (office hours)	www.kznhealth.gov.za/teenpreg.htm	
Eskom National Line	086 003 7566	www.eskom.co.za	
Gender Violence Helpline	080 015 0150 (24 hour Helpline)		
Girls and Boys Town South Africa	086 158 5858	www.girlsandboystown.org.za	
Grants and Fraud Hotline (SASSA)	080 060 1011	www.sassa.gov.za	
Human Rights Advice Line	011 877 3600 (Switchboard)		
Healthcare Workers Care Network Helpline	0800 21 21 21, SMS 43001	www.sahrc.org.za	
Human Trafficking Helpline	08000 RESCUE (08000 737283) Cell: 082 455 3664		
Independent Complaints Directorate	031 310 1300	www.icd.gov.za	complaints@ipid.gov.za
Legal Aid South Africa Advice Line	0800 110 110 Send a Please Call Me 079 835 7179 Fraud and Corruption ! Call the toll-free Legal Aid SA Ethics Hotline 0800 153 728	www.legal-aid.co.za	communications2@legal-aid.co.za
Lifeline Southern Africa	011 715 2000	lifelinesa.co.za	info@lifeline.org.za
LoveLife Sexual Health Line	(0) 11 523 1000	https://lovelife.org.za	info@lovelife.org.za
Mothers2mothers	021 466 9160 (office hour)	www.m2m.org	info@m2m.org
Narcotics Anonymous SA	0861 00 6962	www.na.org.za	
National AIDS Helpline	0800 012 322		
National Counselling Line	0861 322 322		safetalking@lifeline.org.za
National Health Laboratory Service	011 386 6000	www.nhls.ac.za	enquiries@nhls.ac.za
National HIV Health Care Workers Hotline	0800 212 506 (office hours) or 021 406 6782 SMS or "Please Call Me" to 071 840 1572	www.mic.uct.ac.za	pha-mic@uct.ac.za
National Youth Development Agency	0800 58 58 58 (Toll Free)	www.nyda.gov.za	info@nyda.gov.za
Police	10111		
POWA (People Opposed to Woman Abuse)	011 642 4345/6	www.powa.co.za	
Red Cross Children's Hospital Poison Line	021 658 5111	www.childrenshospitaltrust.org.za	cht@chtrust.org.za
Safe School Call Centre	0800 454 647 (office hours)	www.westerncape.gov.za	wced.safeschools@westerncape.gov.za

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SAPS	10111	www.saps.gov.za	
SAPS Crimestop	08600 10111	www.saps.gov.za/crimestop/crimestop.php	
South African Depression and Anxiety Group (SADAG)	Helpline (0800 55 44 33) Office: 011 234 4837 Emergency suicide line 0800 567 567	www.sadag.org	zane@sadag.org
South African Federation For Mental Health Helpline	011 781 1852	https://www.safmh.org/	
South African National Blood Services Donor info line	0800 119 031 (Office hours) Public Holidays & Saturdays: (08:00 – 13:00)	www.sanbs.org.za	customerservice@sanbs.org.za
South African Social Security Agency (SASSA)	0800 601 011	www.sassa.gov.za	grantenquiries@sassa.gov.za
South African National AIDS Council (SANAC) Helpline	Switchboard: 012 748 1000	http://sanac.org.za	info@sanac.org.za
Stop Stock-out Project Hotline	SMS or call 084 855 7867	stockouts.org	report@stockouts.org
Stop Gender Violence Helpline	0800 150 150		
Suicide Crisis Line	0800 567 567 SMS 31393	sadag.org	zane@sadag.org
Swine Flu Hotline	086 136 4232		H1N1@health.gov.za
The South African National Council on Alcoholism and Drug Dependence (SANCA)	Whatsapp 076535 1701 0118923829	www.sancanational.info	sancanational@telkomsa.net
Vaccine Helpline	086 016 0160	https://www.amayeza-info.co.za/vaccine-info/.co	vaccines@amayeza-info.co.za

