



LIST OF SERVICE ORGANISATIONS

ORGANISATION	CONTACT	WEBSITE	NOTES/E-MAIL
Abortion Helpline (Marie Stopes)	080 011 7785		
Aid for AIDS Helpline	086 010 0646	www.aidforaids.co.za	
Al-Anon Family Groups and Al-Ateen	Helpline – 086 125 2666 (now 24 hours) 031 304 1826 (Office number)	www.alanon.org.za	alanongso@iafrica.com - to find out nearest meeting venue and date
Alcoholic Anonymous South Africa (AA)	086 143 5722 031 301 4959 (KZN office)	www.aasouthafrica.org.za	
Ambulance	10177		
Ambulance (Netcare - Private)	082911	www.netcare911.co.za	
Anti-Corruption and Fraud Hotline	080 070 1701	www.nacf.org.za	
Cancer Association Helpline (CANSAs)	080 022 6622 072 197 9305 (English & Afrikaans) 071 867 3530 (Xhosa, Zulu, Sotho & SiSwati)	www.cansa.org.za	info@cansa.org.za
Career Information Helpline	080 021 2641 (office hours)		
Cellphone Emergency Number	112		
CHOC Childhood Cancer Helpline	086 111 3500	www.choc.org.za	headoffice@choc.org.za
Child Victims of Sexual, Emotional and Physical Abuse Helpline (Safeline)	080 003 5553	www.safeline.org.za	This number now links to Safeline which appears to be Western Cape only
Childline South Africa 24 hours	080 005 5555 or 031 312 0904 (office hours) (08h00 – 16h00)	www.childlinesa.org.za	
Department of Education Helpline	080 020 2933 (office hours)	www.education.gov.za	
Department of Health Helpline	080 000 5133	www.kznhealth.gov.za	
Department of Home Affairs Hotline	080 060 1190 (office hours)	www.ehome.dha.gov.za	
Department of Social Development Substance Abuse Helpline	080 012 1314 SMS 32312		
Domestic Violence Assistance Programme	031 260 1588		
Emergency general	10111		

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Emergency Contraception Hotline	080 024 6432 (office hours)	www.kznhealth.gov.za/teenpreg.htm	
Eskom National Line	086 003 7566	www.eskom.co.za	
Girls and Boys Town South Africa	086 158 5858	www.girlsandboystown.org.za	
Grants and Fraud Hotline (SASSA)	080 060 1011	www.sassa.gov.za	
Human Rights Advice Line	011 484 8300 011 877 3600 (Switchboard)	www.sahrc.org.za	
Human Trafficking Helpline	08000 RESCUE (08000 737283) Cell: 082 455 3664		
Independent Complaints Directorate	031 310 1300	www.icd.gov.za/content/kwazulu-natal	
Legal Aid South Africa Advice Line	Legal Aid Advice Line 0800 110 110 Send a Please Call Me 079 835 7179 Fraud and Corruption! Call the toll-free Legal Aid SA Ethics Hotline 0800 153 728	www.legal-aid.co.za	
Lifeline Southern Africa	0861 322 322 or 011 422 4242	lifelinesa.co.za	
loveLife Sexual Health Line	0800 121 900 (office hours)	https://lovelife.org.za	
Marie Stopes Clinic Toll Free Number	0800 117 785 (office hours)	www.mariestopes.org.za	
Mothers2mothers	086 668 4377 021 466 9160 (office hour)	www.m2m.org	lifelinecounselling@gmail.com
Narcotics Anonymous SA	083 900 6962	www.na.org.za	
National AIDS Helpline	0800 012 322		
National Health Laboratory Service Hotline	086 073 7858		Must be registered with hotline using HPCSA or SANC number to get results (viral load, HIV, DNA, PCR & CD4)
National HIV Health Care Workers Hotline	0800 212 506 (office hours) SMS or "Please Call Me" to 071 840 1572		
National Youth Development Agency	0860 096 884	www.nyda.gov.za	Official line for NYDA not Information Centre.
POWA (People Opposed to Woman Abuse)	083 765 1235	www.powa.co.za	
Red Cross Children's Hospital Poison Line	021 689 5227	www.childrehospitaltrust.org.za	
Safe School Call Centre	0800 454 647 (office hours)	www.westerncape.gov.za	
SAPS	10111	www.saps.gov.za	
SAPS Crimestop	08600 10111 SMS line 32211	www.crimeline.co.za www.saps.gov.za/crimestop/crimestop.php	

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South African Depression and Anxiety Group (SADAG)	0800 205 026 Emergency suicide line 0800 567 567	www.sadag.org	
South African National Blood Services Donor info line	0800 119 031 (Office hours) Public Holidays & Saturdays: 082 524 2936 – (08:00 – 13:00)	www.sanbs.org.za	customerservice@sanbs.org.za
South African Social Security Agency (SASSA)	0800 601 011	www.sassa.gov.za	
South African National AIDS Council (SANAC) Helpline	Switchboard: 012 748 1000 Province nerve centre hotlines: 012 395 9078/9090 (see E49 for details per province)	http://sanac.org.za	info@sanac.org.za Nerve centre hotlines and emails: <ul style="list-style-type: none"> • Western Cape: 012-395 9081 sanacwesterncape@gmail.com • Northern Cape: 012-395 9090 sanacnortherncape@gmail.com • Eastern Cape: 012-395 9079 sanaceasterncape@gmail.com • KZN: 012-395 9089 sanackzn@gmail.com • Free State: 012-395 9079 sanacfreestate@gmail.com • Mpumalanga: 012-395 9087 sanacmpumalanga@gmail.com • Gauteng: 012-395 9078 sanacgauteng@gmail.com • Limpopo: 012-395 9090 sanaclimpopo@gmail.com • North West: 012-395 9088 sanacnorthwest@gmail.com
Stop Stock-out Project Hotline	SMS or call 084 855 7867		report@stockouts.org
Stop Gender Violence Helpline	0800 150 150		
Suicide Crisis Line	0800 567 567 SMS 31393		
Swine Flu Hotline	086 136 4232	http://www.kznhealth.gov.za/h1n1.htm	
Teenage Pregnancy Helpline	0800 035 553 is for Safeline, a child abuse response agency in Western Cape.	https://www.westerncape.gov.za/general-publication/teenage-pregnancy	National Teenage pregnancy Partnership (MMOHO) Tel: + 27 (0) 11 966 7741 Email: info@mmoho.co.za Planned Parenthood SA: 021 762 0700"
The South African National Council on Alcoholism and Drug Dependence (SANCA)	Helpline 031 202 2241 from 8am to 4pm 031 303 2202 (After hours)	www.sancanational.info	
Vaccine Helpline	086 016 0160		
Woman Abuse hotline	0800 150 150		
Women's Health Helpline	0800 116 941		

