The probability of meeting the internationally agreed targets to halt the rise in obesity and diabetes by 2025 is less than 1% according to the 2017 Global Nutrition Report.

Percentage of countries that face a serious burden of either two or three forms of malnutrition:
- No: 12%
- Yes: 88%

Health Promotion levy (sugar tax) was implemented in 2018 to help generate tax revenue.

The amount of money in tax revenue that the sugar tax is expected to generate is 2 Billion.

Prevalence of overweight children in South Africa is more than twice the global average of 6.1%.

Two-thirds of South African women are either overweight or obese compared to just under one-third of men.

Percentage of overweight children under 5:
- EC: 5%
- FS: 10%
- GP: 15%
- KZN: 20%
- LP: 25%
- MP: 30%
- NC: 35%
- NW: 40%
- WC: 45%

- ZA: 68%

- Men: 31%