RISK BEHAVIOUR

Leading Risk Factors

- High fasting plasma glucose
- Low birthweight & short gestation
- High body mass index
- High systolic blood pressure
- Smoking

Problematic Alcohol Use
43%
Of all drinkers reported binge drinking in South Africa, representing 14.1% of the total population.

Daily Smoking Prevalence
- Female: 7.5%
- Male: 21.9%
- Drug Abuse: 17.0%

Comorbidity in Drug Abuse Patients
- Mental health: 24%
- Respiratory: 21%
- Diabetes: 18%

A high proportion of patients with mental health disorders was found in the Western Cape.
SACENDU, 2017